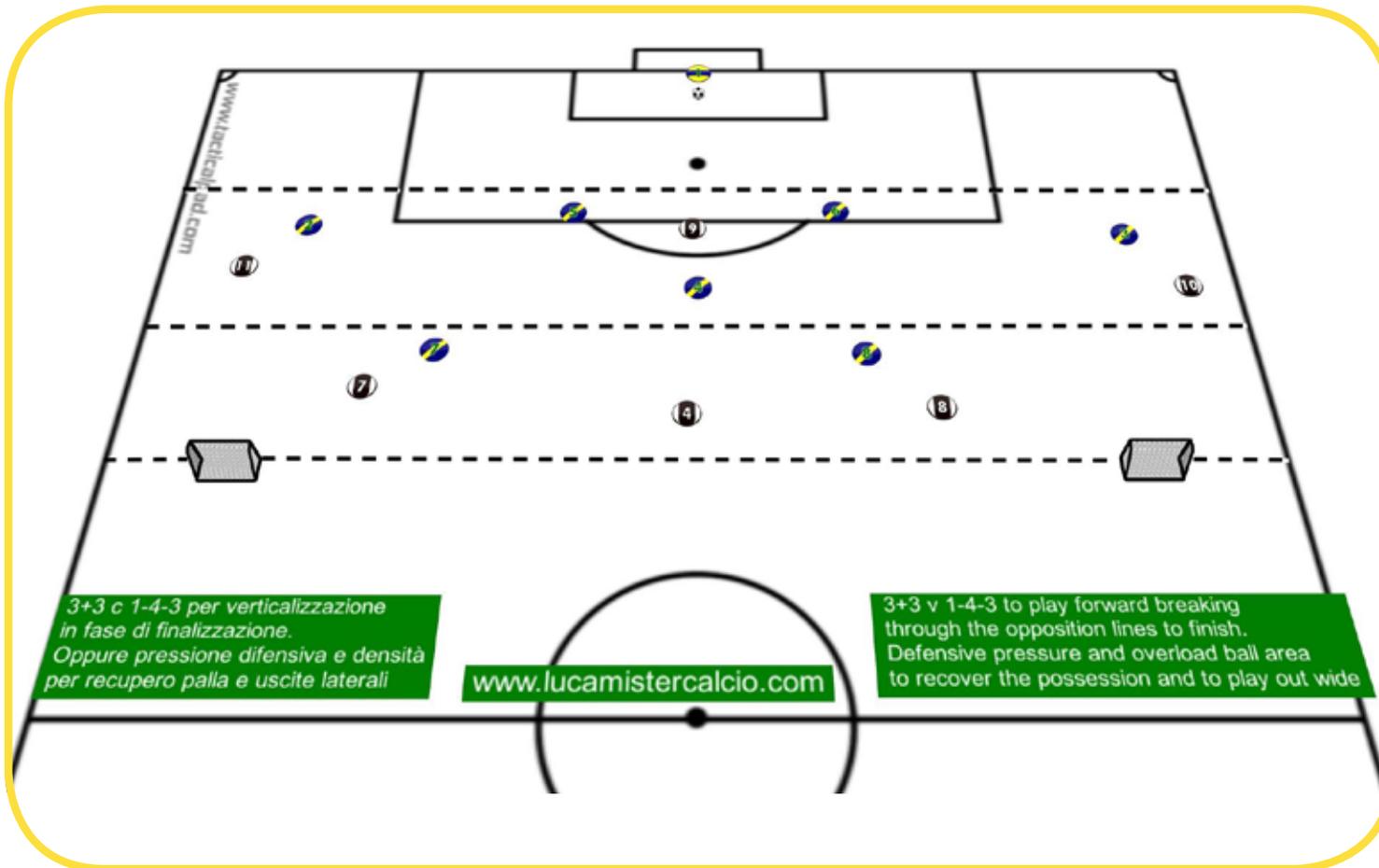


## Attacking phase: play vertically to finish or play out wide if the possession is recovered



### PLAYERS AGE:

U15

### NUMBERS OF PLAYERS:

14 players (1 gk)

### MAIN GOALS

- **TECHNIQUE:**

Passing

- **PLAYER TACTIC:**

Escape the marker / Receive between the lines

- **TEAM TACTICS:**

Play vertically to finish / Play out wide to overcome the opposition counter-pressing

### SECONDARY OBJECTIVES:

Pressure to recover the ball

### EQUIPMENT:

cones, balls, bibs, mini goal

14 players are placed within a quarter of a field that is divided into three parts horizontally; these are the areas through which the ball must move vertically, as the attacking team looks for the finishing phase. The exercise is therefore a 6 v 7 + goalkeeper match. The attacking team has 3 midfielders in the first zone and 3 forwards in the second zone. The goal, after the goalkeeper kick toward the center midfielder, is to develop the possession phase through the 3 areas of the playing space, to get to the finishing phase as soon as possible. A 3 v 2 duel, has to be fix quickly playing vertically towards the center zone; if the forward passing lanes are closed, the direction of play must be backwards to move the opposition defense lines and to look for a new space. The sequence must be finished inside the third zone, where the forwards are outnumbered, freeing from the markers and finishing quickly after receiving the ball behind the defensive line. The defending team shapes a line of 4 at the back, 3 midfielders and the goalkeeper. The objectives are the density of players near the ball area and the pressure on the ball carrier to close the passing lanes. During transitions to attack phases, the team now in possession must try to overcome the opposition counter-pressing, playing out wide and along the opposite flank from where the ball was won back.