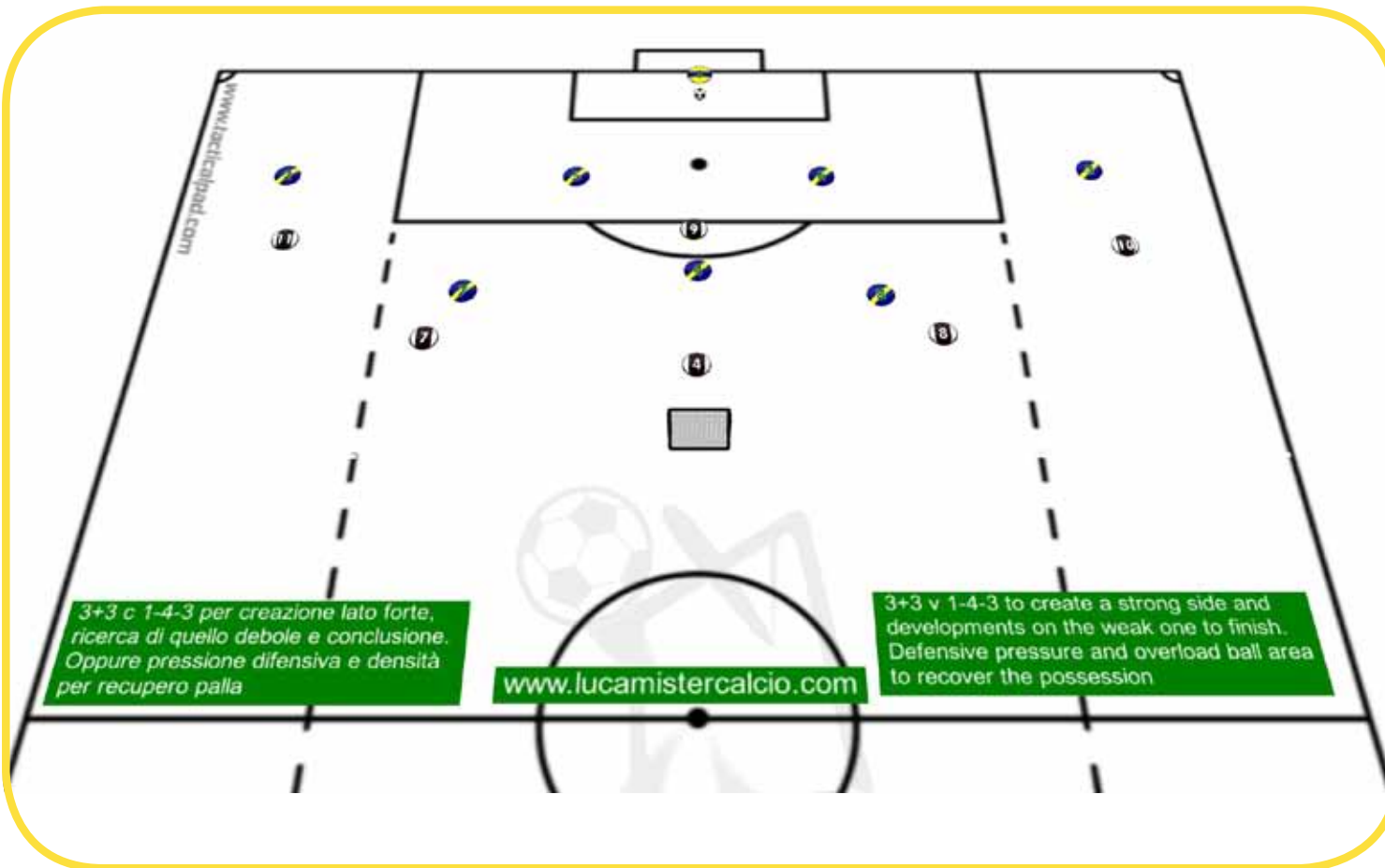


Finishing phase: create a strong side and exploit the opposition weak one



PLAYERS AGE:

U15

NUMBERS OF PLAYERS:

14 players (1 gk)

MAIN GOALS

- **TECHNIQUE:**

/

- **PLAYER TACTIC:**

Control the ball under pressure /
Tackle-Interception

- **TEAM TACTICS:**

Create a strong side and exploit the opposition weak one / Overload the ball area

SECONDARY OBJECTIVES:

Counter attacks

EQUIPMENT:

cones, balls, bibs, mini goal

14 players are placed within a quarter field, divided into three parts vertically; the exercise is then a 7 + gk v 6 match. The attacking team places 4 players in the center area in a diamond shape and 2 outer players; the objective is to create a strong side (or zone), to keep the possession and move the opposition defensive pressure line, then to finish the move through the weak side, after receiving the ball sent by the goalkeeper towards the central midfielder. The defensive team is placed in a line of 4 back players, 3 midfielders and the goalkeeper; 2 defenders and 3 midfielders are placed in the central area at the beginning. The objectives are to overload the ball area and to cover of the weak side, to look for possession recovery for a fast counterattack toward the small goal on the opposite end line.